|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| 1  Activity:  Duration: | 2  Activity:  Duration: | 3  Activity:  Duration: | 4  Activity:  Duration: | 5  Activity:  Duration: | 6  Activity:  Duration: | 7  Activity:  Duration: |
| 8  Activity:  Duration: | 9  Activity:  Duration: | 10  Activity:  Duration: | 11  Activity:  Duration: | 12  Activity:  Duration: | 13  Activity:  Duration: | 14  Activity:  Duration: |
| 15  Activity:  Duration: | 16  Activity:  Duration: | 17  Activity:  Duration: | 18  Activity:  Duration: | 19  Activity:  Duration: | 20  Activity:  Duration: | 21  Activity:  Duration: |
| 22  Activity:  Duration: | 23  Activity:  Duration: | 24  Activity:  Duration: | 25  Activity:  Duration: | 26  Activity:  Duration: | 27  Activity:  Duration: | 28  Activity:  Duration: |
| 29  Activity:  Duration: | 30  Activity:  Duration: | 31  Activity:  Duration: | Healthy Habit: **Goals**  What goals do I set for the new year?  Character Trait: **Prepared**- properly expectant, organized, or equipped; ready. | | | Monthly Highlight: |

Parent Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_