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| --- | --- | --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| Monthly Highlight: | | 1  Activity:  Duration: | 2  Activity:  Duration: | 3  Activity:  Duration: | 4  Activity:  Duration: | 5  Activity:  Duration: |
| 6  Activity:  Duration: | 7  Activity:  Duration: | 8  Activity:  Duration: | 9  Activity:  Duration: | 10  Activity:  Duration: | 11  Activity:  Duration: | 12  Activity:  Duration: |
| 13  Activity:  Duration: | 14  Activity:  Duration: | 15  Activity:  Duration: | 16  Activity:  Duration: | 17  Activity:  Duration: | 18  Activity:  Duration: | 19  Activity:  Duration: |
| 20  Activity:  Duration: | 21  Activity:  Duration: | 22  Activity:  Duration: | 23  Activity:  Duration: | 24  Activity:  Duration: | 25  Activity:  Duration: | 26  Activity:  Duration: |
| 27  Activity:  Duration: | 28  Activity:  Duration: | 29  Activity:  Duration: | 30  Activity:  Duration: | Healthy Habit: **Stretching**  When is the best time to stretch?  Character Trait: **Cooperation/Teamwork**- the process of working together to the same end. | | |

Parent Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_